

INCOKO YAMADODA NGOGONYO

I-COVID-19 NOKWABELANA NGESONDO

Ingaba iyeza lokugonya le-COVID-19 lingakubangela ukuba ungavukelwa?
HAYI.

Amayeza okugonya e-COVID-19 awabangeli ukuba ungavukelwa okanye ungaZali. Kwelinje icala, ukosulelwya yi-COVID-19:

- kunokubangela ungavukelwa okanye ukungazali kumadoda.
- kunokonyusa amathuba okuba ungavukelwa (i-ED) ngokuphindwe phantse kathandathu.

KUTHENI AMADODA ESWELEKA KAKHULU?

Amadoda (amadal) amaninzi kunabantu basetyhini abulawa sisifo se-COVID-19 ngenxa yokuba:

- Amadoda ngokwendalo osulelwya lula yi-COVID-19.
- Amadoda anokungalufuni unyang ngokukhawuleza.
- Ambalwa amadoda agonywayo kunabantu basetyhini.

Masikhuthaze oogxa bethu kanye nabahlobo ukuba bafumane isitofu sokugonya ukuze sizigcine kanye nabo basenyongweni kuthi sikhuselekile.

INDELA YOKUGONYA?

Ukuba uneminyaka eli-12 okanye ngaphezulu, akukho nto uyilindileyo! Hamba uyokugonywa kwindawo ekufutshane nawe. Awunyanzelekanga ukuba ulinde i-SMS ekuxelela ukuba uye nini kwaye uye phi.

- Yiza nencwadi-sazisi yakho, iPasiPoti, inombolo yoMsabi ofuna ukhuseleko okanye inombolo yokuba yiMbacu.
- Unawo umbuzo? Tsalela umnxeba ku-0800 029 999. Silapha ukukunceda.

AMAMPUNGE

Amampunge: Amayeza okugonya e-COVID-19 ayabulala.

Amampunge: Unokufumana i-COVID-19 kwiyeza lokugonya.

Amampunge: Andikho emngciphekweni wokuguliswa kakhulu yi-COVID-19 ngoko ke andilifuni iyeza lokugonya.

Amampunge: Iyeza lokugonya lizakuguqula iiseli zofuzo (i-DNA) zam.

Amampunge: Amayeza okugonya aluphawu lwerhamncwa u-666.

INYANISO YOKWENENE

UMzantsi Afrika sele usebenzise izitofu zechiza lokugonya ezingaphezulu kwezigidi ezingama-22.

Akukho bantu bafunyaniswe ukuba basweleke ngenxa yokuba betofwe ngeyeza lokugonya. Amayeza okugonya anciphisa amathuba wokugula okuxhalabisayo, ukulaliswa esibhedlele kanye nokusweleka okunxulumene ne-COVID-19.

Hayi! Awunakho ukufumana i-COVID-19 kwiyeza lokugonya kuba aliquulathanga intsholongwane.

Amayeza okugonya anciphisa umngcipheko wokugula kakhulu, kodwa usenakho ukosulelwya yile ntsholongwane futhi uysasaze kwabanye abantu, ngoko ke kubalulekile ukuba ugonywe.

Amayeza okugonya awaziguqli iiseli zofuzo (i-DNA) zakho.

Amayeza okugonya aphanwe aze avavanywa zingcali ezingoomakhwekhwetha zezenzululwazi ke ngoko awananto iwadibana nayo nayiphi na inkolo okanye inkolelo.