

Get the BOOST you need

50 or older?

You have a higher risk of getting sick and being hospitalised from COVID-19.

Make sure your vaccinations and booster shots are up to date. They will give you additional protection.

People who are 50 and older need 4 doses.

Find out if you're due to get your next shot by turning over the page.



Find your closest vaccination site on www.findmyjab.co.za or <https://sacoronavirus.co.za/active-vaccination-sites/>.



Call 0800 029 999 for more information



health
Department:
Health
REPUBLIC OF SOUTH AFRICA

**STAY
SAFE**

VACCINATE TO SAVE SOUTH AFRICA

TOGETHER WE CAN BEAT CORONAVIRUS

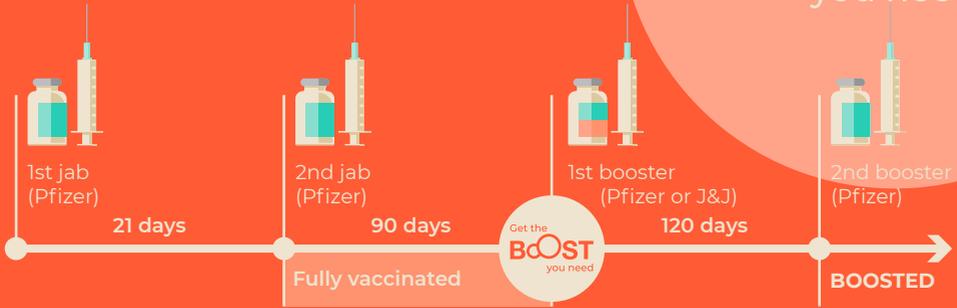


USAID
FROM THE AMERICAN PEOPLE

People who are 50 and older need 4 doses. This means 2 Pfizer jabs and 2 boosters or 1 J&J jab and 3 boosters. These boosters give additional protection from possible future variants.

Get the
BoOST
you need

50+ Pfizer vaccination schedule



50+ J&J vaccination schedule



FAQs:

- **Must my booster be Pfizer or J&J?**
You can get a mixture of the J&J and Pfizer vaccines against COVID-19 in South Africa. However, your last booster shot must only be Pfizer.
- **Side effects?**
There are usual side effects from a vaccination, but you can relieve them with simple, over-the-counter medication and some rest. Report your side-effects on the MedSafety app (<https://medsafety.sahpra.org.za/>).
- **I've had COVID-19: do I really need a booster?**
Yes – your COVID-19 immunity, whether from an injection or an infection, starts to fade after about six months, so boosters keep your immune system strong.
- **Where can I get my booster shot?**
Find your closest vaccination site on www.findmyjab.co.za or <https://sacoronavirus.co.za/active-vaccination-sites/>
- **Where can I get help and information?**
Call 0800 029 999.