Official Newsletter of the Department of Public Works and Infrastructure



www.publicworks.gov.za

FEBRUARY / MARCH 2021

MINISTER DE LILLE HANDS OVER THREE BRIDGES TO RURAL COMMUNITIES





public works & infrastructure

Department: Public Works and Infrastructure **REPUBLIC OF SOUTH AFRICA**

Contents February / March 202

04 THREE WELISIZWE BRIDGES OFFICIALLY OPENED AT EKHAMANZI IN KZN DPWI assists rural communities to crossover

flooded rivers

05 OVER HALF-A-MILLION JOB OPPORTUNITIES CREATED IN 2020 BY EPWP The Department of Public Works and

Infrastructure continues to contribute to the government's economic recovery plan

- 06 SUCCESSFUL PROFESSIONAL REGISTRATIONS Meet DPWI's young professionals who have recently obtained professional registration
- 08 EKHAMANZI BRIDGES UNVEILING IN PICTURES The hazardous trips to schools and shops for the communities of eKhamanzi and surrounding areas has become a thing of the past
- **11 GEPF-PURCHASE OF SERVICE** GEPF offers the option of increasing retirement benefits
- 12 LIVING WITH EPILEPSY

Facts about Epilepsy



Contribution Team

WorxNews is produced by the Chief Directorate: Communications and Marketing in the Department of Public Works and Infrastructure

Contributors to this issue:

Thamsanqa Mchunu Thozama Mbili Kgomotso Mathuloe Mashite Mogale Petrus Sibiya Thokozani Ngema Tshuluzi Nkoana

Layout and Design: Tumisang Nisele



Department of Public Works and Infrastructure

- @DepartmentPWI
- www.publicworks.gov.za
- @departmentofpublicworks_dpw

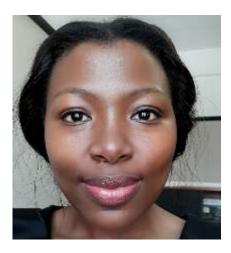


... is the official house journal of the Department of Public Works and Infrastructure.

- It is a forum of discussion, debate and information for and about the Department, aimed at reflecting the Department's goals and objectives.
 - All employees are invited to send in articles, which may be of interest to the Department and its stakeholders.

Views expressed in *WorxNews* do not necessarily represent the views of management.

Editorial



Kindly share with us your comments and concerns by contacting the following colleagues;

Mr Petrus Sibiya Tel: 012 406 1836 email: Petrus.Sibiya@dpw.gov.za

Ms Thozama Mbili/Nzama Tel: 012 406 1509 email: Thozama.Nzama@dpw.gov.za

For Corporate Identity contact

Ms Tumisang Nisele Tel: 012 406 1846 email: Tumisang.Nisele@dpw.gov.za



The DPWI continues to contribute to the government's economic recovery plan

Welcome to the first *WorxNews* issue of 2021 wherein we share a story on the unveiling of the three (3) bridges in eKhamanzi, in the KwaZulu-Natal midlands, a move that will ensure that hazardous trips to schools and shops for the nearby communities become a thing of the past.

The Department through the Expanded Public Works Programme (EPWP) continues to alleviate poverty and unemployment by providing work opportunities to unemployed South Africans. In 2020 alone, the Department created over half-a-million job opportunities through the EPWP. Read more about this on this copy.

The Professional Services Branch continues to note successful professional registrations among the Department of Public Works and Infrastructure's young professionals. In this copy of *WorxNews*, we introduce you to six more young professionals who have obtained their professional status through the Young Professionals Programme.

The Young Professionals Programme is a structured mentorship programme to accelerate professional registration of the young professionals with relevant statutory councils such as the Engineering Council of South Africa and the South African Council for the Project and Construction Management Professions (SACPCMP), among others. The programme aims to address the shortage of critical and scarce skills within the built environment; to capacitate the infrastructure sector and the State to transform the built environment by accelerating professional registration of the previously disadvantaged groups.

As South Africa's Coronavirus vaccination programme is currently underway, with the country's healthcare personnel being first-in-line to receive the vaccine, in this copy of *WorxNews* we also bring you brief information on the COVID-19 vaccines. The *WorxNews* team reminds all DPWI family members to continue adhering to health protocols. Health Minister Dr. Zweli Mkhize did mention that adhering to health protocols together with the vaccine remains our best defence against the Coronavirus.

In closing, the *WorxNews* team appeals to all employees to identify information and stories worth sharing about themselves, their units and departmental projects – in an effort to enhance information flow within the Department.

Thank you and enjoy the reading!





GOVERNMENT BRIDGING THE DIVIDE FOR RURAL COMMUNITIES THROUGH BRIDGES

Article by Thamsanqa Mchunu Pictures by Tshuluzi Nkoana & Thokozani Ngema

The hazardous trips to schools and shops for the communities of eKhamanzi, Mkhizana and surrounding areas has become a thing of the past. This after the opening of three *Welisizwe* bridges across the Khamanzi river on 11 March 2021.

The Department of Public Works and Infrastructure hosted a great function of handing over these bridges to the communities of eKhamanzi and Mkhizana at Umshwathi in the Midlands of KwaZulu-Natal.

The three bridges were built by the South African National Defence Force (SANDF) which is accountable to the Department of Defence and Military Veterans, with the funding provided by the KwaZulu-Natal Department of Transport. The Department of Public Works and Infrastructure provided expert coordination between these government institutions.

The whole construction phase of the bridges and the road started in April 2020. The *Welisizwe* Programme used to be called the Rural Bridges Programme that was launched some ten years ago by former Public Works Minister, Geoff Doidge.

The new bridges and a road will provide the communities of eKhamanzi and Mkhizana with safe and easy access to amenities and cut the distance that had to be travelled by residents between these villages during the summer rainfalls. They will also cut out the extreme anxiety that these communities had to endure when crossing the raging river.

Speaking at the function, Public Works and Infrastructure Minister Patricia De Lille said that seeing a picture of a young boy crossing the river without any shoes or trousers broke her heart and she urged officials in her department to get the *Welisizwe* Rural Bridges Programme to KwaZulu-Natal. She revealed the programme had been hugely successful in the Eastern Cape.

The construction of these bridges has also left a lasting legacy for the community. Dozens of participants from the community were employed through the Expanded Public Works Programme (EPWP), as part of this project and they learnt various technical skills from the SANDF technicians who built the road and the bridges. They were also paid a stipend which went a long way in providing bare necessities for this far flung rural area.

"Today we are near the site of three of these completed bridges in Ekhamanzi while four bridges have also been completed in Mangwenya, one bridge is also nearing completion in Amanzimtoti and the bridge in Mthoqotho is half way through construction. Through this project, we have also been able to provide much needed jobs for local residents through the Expanded Public Works Programme with 40 participants recruited for the Ekhamanzi project, 60 participants for the Mthoqotho Bridge and 20 participants for the Amanzimtoti project," said Minister De Lille.

The function of handing over the three bridges was attended by some community members and officials who included, among others, Public Works and Infrastructure Deputy Minister Noxolo Kiviet, Head of infrastructure investment in the Presidency and Acting head of Infrastructure South Africa (ISA) Dr Kgosientso Ramokgopa, KZN MEC for Transport Peggy Nkonyeni, KZN MEC for Public Works Ntuthuko 'Jomo' Sibiya, Mayor of the Umshwathi Local Municipality Godfrey Mandla Zondi, traditional leaders and the South African National Defence Force chiefs.

THE DEPARTMENT OF PUBLIC WORKS AND INFRASTRUCTURE CONTINUES TO CONTRIBUTE TO THE GOVERNMENT'S ECONOMIC RECOVERY PLAN By Kgomotso Mathuloe

As the Covid-19 pandemic continues to threaten the livelihoods of many South Africans, the Department of Public Works and Infrastructure (DPWI) through the Expanded Public Works Programme (EPWP) re-affirms its position to alleviate poverty and unemployment by providing work opportunities to the poor and unemployed South Africans. This re-affirmation is subsequent to Honourable President Cyril Ramaphosa's outline of key priority areas in his recent State of the Nation Address (SONA)

The DPWI welcomes Honourable President Cyril Ramaphosa's commitment to support the government-funded social economy programmes such as the Expanded Public Works Programme (EPWP).

Speaking during the tabling of his 2021 State of the Nation Address in Parliament on 11 February 2021, President Ramaphosa commended the contribution of these programmes in the fight against poverty and unemployment in the country.

Despite challenges posed by COVID-19, the EPWP continues to create the much needed work and training opportunities for the poor and unemployed South Africans.

The EPWP has, between April and December 2020 created 515,862 work opportunities for the poor and unemployed South Africans. All four Sectors of the EPWP – Infrastructure, Environment & Culture, Social and Non-State – contributed to these opportunities, with the largest numbers coming from Infrastructure with 208,505 work opportunities, followed by Social with 164,275 work opportunities. The EPWP Environment & Culture, and Non-State sectors created 108,762 and 34,320, respectively.

EPWP performance per Province (April to December 2020)

KwaZulu-Natal and the Eastern Cape continue to lead in the creation of EPWP opportunities – the two provinces created 144,614 and 108,279 respectively. The performance by other provinces is as follows:

Province name	Gross number of work opportunities created(01 April 2020 to 31 December 2020
Eastern Cape	108,279
Free State	29,343
Gauteng	50,917
KwaZulu -Natal	144,614
Limpopo	62,715
Mpumalanga	27,386
North West	31,754
Northern Cape	13,875
Western Cape	46.979

The EPWP acting Deputy Director-General, Ms Carmen –Joy Abrahams said that the EPWP will continue with initiatives to stimulate employment opportunities and improve livelihoods beyond covid-19.

Brief Background of the EPWP

The Expanded Public Works Programme (EPWP) is one of government's Programmes which is aimed at reducing unemployment and alleviating poverty through the creation of work opportunities using labour-intensive methods. The EPWP is implemented in four sectors namely: Infrastructure, Social, Environment & Culture and Non-State sector. All spheres of government and State-Owned Entities are expected to implement the Programme.

The EPWP Participants (beneficiaries) work in different projects such as Community Work Programme (CWP), Early Childhood Development Programmes, Home Community Based Care Programmes, Extra School Support Programmes, Working on Fire, Working for Water, Roads Maintenance Projects, etc.

Through various skills and training that the participants receive from the EPWP, they (participants) stand a better chance to enter the formal job market and/or become entrepreneurs.

MEET DPWI'S YOUNG PROFESSIONALS WHO HAVE RECENTLY OBTAINED **PROFESSIONAL REGISTRATION**

Ntsako Silawule, PrQS



The Professional Services Branch continues to note successful professional registrations, among the Department of Public Works and Infrastructure's young professionals. WorxNews introduces you to six more young professionals who have obtained their professional status through the Young Professionals Programme.

Ms Ntsako Silawule is a Professional Quantity Surveyor (PrQS) stationed at the Bloemfontein Regional Office. She is one of the DPWI's young professionals who have obtained their professional status through the Young Professionals Programme.

She says in order to obtain her professional registration, firstly she had to do a 3-year BSc undergraduate degree in

Construction Studies, then a one year BSc postgraduate degree in Quantity Surveying (QS). She thereafter registered as a Candidate Quantity Surveyor with the South African Council for the Quantity Surveying Profession (SACQSP). She explains that she had to work for a minimum of two years under the supervision of a Professional Quantity Surveyor, but in her case, she was granted one year, backdating for the years she worked in the construction sector. Upon reaching the hours required, she submitted a report to the SACQSP which was approved and thereafter she was called for an interview.

Responding to a question on what it means to her to be registered as a Professional Quantity Surveyor, Ms Silawule uses a phrase used to subtly emphasise the impact that her professional registration has on her: "What you are asking is #ereng PrQS mo ngwaneng? Well, it's progress for me! It's a proud moment definitely. It means standing head and shoulders with my peers in my profession and an opportunity to achieve my career aspirations."

Ms Silawule says now that she is registered, she is eligible to use the PrQS title, meaning she takes full responsibility of her work as she can sign it off. "Also being registered allows me to apply for a post higher than my current one. With my registration I can work across South Africa and other countries that recognises the SACQSP professional registration. However, to be able to work worldwide, I will have to obtain the Royal Institution of Chartered Surveyors (RICS) professional registration," she concludes.

Thilivhali Tshivhombela, Pr. Pln



Mr Thilivhali Tshivhombela is a Professional Planner (Pr. Pln) stationed at Head Office. He is one of the DPWI's young professionals who have obtained professional status through the Young Professionals Programme.

He says after obtaining a Bachelor of Urban and Regional Planning Degree from the University of Venda, he registered as a

Candidate Town Planner with the South African Council for Planners (SACPLAN). Tshivhombela says that in order to obtain his professional registration, he had to prove to the SACPLAN experience over and above his qualification. He then submitted his practical training report to the SACPLAN for assessment and

has reached a recognised standard of competence in his field of work and further acknowledges his commitment to maintaining that competence within the Department. He says obtaining a professional registration together with additional years of postregistration work experience comes with better employment opportunities, adding that; "Town planning companies and organisations are ideally looking to employ people who have obtained their professional registration.

"Now that I have obtained my professional registration, I will be able to manage my projects with minimum supervision, while opportunities in Town Planning related fields," Tshivhombela

Mpho Tshifaro, Pr. Pln



Mr Mpho Tshifaro is a Professional Planner (Pr. Pln) stationed at Head Office. He is one of the DPWI's young professionals who have obtained professional status through the Young Professionals Programme.

He says in order to acquire his professional registration, he first studied for four (4) years to obtain a Bachelor of Urban and Regional Planning Degree from the University of Venda. "After obtaining my qualification, I then registered as a Candidate Planner with the South African Council for Planners (SACPLAN). In order to register as a Professional Planner, I had to demonstrate to the SACPLAN that I had obtained relevant practical training under the supervision of a registered Professional Planner, for a minimum of two (2) years. When I completed a minimum practical experience, I then submitted a practical training report to the SACPLAN for assessment and approval," explains Tshifaro.

Tshifaro says his professional registration validates that he has reached a recognised standard of competence in his field of work. It further acknowledges his commitment to maintaining that competence in future. He says obtaining a professional registration together with additional years of post-registration work experience comes with better employment opportunities. He adds that; "Town planning companies and organisations are ideally looking to employ people who have obtained their professional registration."

He says he now meets the requirements for most employment opportunities in Town Planning-related fields because of his professional registration. Tshifaro concludes by mentioning that the SACPLAN registration is only recognised within the borders of South Africa.

Shane Palackal, Pr. Eng.



Mr Shane Palackal is a Professional Electrical Engineer (Pr. Eng.) stationed at Head Office.

He says in order to get his professional registration, he had to complete a four (4) year B. Eng. degree in Electrical Engineering. "I completed my degree at the University of Cape Town. I also managed to complete my Master's degree at the University of Pretoria.

"Upon completing my Bachelor's degree, I had to register as a Candidate Engineer with the Engineering Council of South Africa (ECSA) and achieve all eleven ECSA outcomes at the highest degree of responsibility," Palackal explains. Once he had achieved this and obtained the required number of years of experience, he had to report his experience and submit it to the ECSA.

Palackal says obtaining registration from a recognised body such as ECSA means that one receives both peer and public recognition and confidence. He adds: "The professional recognition you receive by becoming a member of the ECSA instils a sense of confidence in the mind of the public, since they can be assured that your competence has been assessed by other professionals.

"It also means that you gain international recognition as ECSA is a co-signatory to the Washington Accord an agreement in which the registering bodies of countries such as Australia, New Zealand, the United Kingdom and Ireland recognise each other's accredited university degrees in engineering, this in turn enhances your marketability as an individual."

He says he is now able to lead projects and sign off reports and drawings as a Professional Engineer. Palackal concludes by mentioning that while his professional registration does not mean a pay rise immediately, more opportunities do open up for individuals who have registered with the ECSA.

EKHAMANZI BRIDGES UNVEILING



and the second second second



Seen out the set

he i fe

TANKA I





In the second second second









DID YOU KNOW



As with all medicines, side effects can occur after getting a COVID-19 vaccine. However, these side effects are transient (24-48 hours), and serious side effects (allergic reactions) are exceedingly rare. The fact is: The risk of the disease by far outweighs the risks of the COVID-19 vaccines.

G Uhulumeni wase Ningizimu Afrika uzibophezele ukuqiniseka ukuqhamuka namasu aphusile okuzama ukuvikela isizwe ekuthelelaneni ngegciwane le Covid 19.





COVID-19





MEET DPWI'S YOUNG PROFESSIONALS WHO HAVE RECENTLY OBTAINED PROFESSIONAL REGISTRATION

Mapula Maponya, PrLArch



Ms Mapula Maponya is a Professional Landscape Architect (PrLArch) stationed at Head Office. She is one of the DPWI's young professionals who have obtained professional status through the Young Professionals Programme.

She says in order to obtain her professional registration, it was necessary to complete a BSc undergraduate degree in Landscape Architecture which she completed in 2015 at the University of Pretoria

Aphelele Cengimbo, PrLArch



Mr Aphelele Cengimbo is a Professional Landscape Architect (PrLArch) stationed at Head Office. He is one of the DPWI's young professionals who have obtained professional status through the Young Professionals Programme.

He graduated with a National Diploma, 2015 and a Bachelor of Technology in Landscape Technology, 2016 (Cum Laude) from the Cape Peninsula University of Technology. In addition, he obtained a Master's Degree in Landscape Architecture, 2018 from the University of Cape Town.

In order to obtain his professional registration, over and above his relevant qualifications, he had to acquire a minimum of two (2) years' experience registered as a Candidate Landscape Architect with the South African Council for the Landscape Architectural Profession (SACLAP).

Cengimbo says after completing a minimum of two years' experience,

(UP). The duration of this degree was three (3) years. "After this, I undertook an Internship with the Public Works and Infrastructure Department as suggested by the University of Pretoria to gain experience for a year. I then relocated to Cape Town to complete my MLA (Master of Landscape Architecture) degree for two years. Then I returned to the Public Works and Infrastructure Department and worked for an additional year and a half to gain further experience. So I guess you could say it takes about seven (7) years to get here!," explains Ms Maponya.

She says being professionally registered with the South African Council for the Landscape Architectural Profession (SACLAP) means that she can directly contribute her independent ideas to the country's public spaces and subsequent policies.

She adds that the professional registration also allows her to work autonomously on projects with very little reliance on her supervisor. "Although I will always ask him questions because you can never know everything! Not even as a professional," she clarifies.

"With my SACLAP professional registration I can apply for a position at a level above my current one, I can lead large scale projects, I can run an independent company with a personalised Ethos and Purpose and a whole lot more," she concludes.

he needed to complete a Portfolio of Evidence (showing all the projects he had worked on and his responsibilities). He had to also complete a Logbook (showing time spent on projects, education/professional development etc. during his candidacy). There's also a compulsory workshop that as a Candidate, he had to attend during his candidacy period, to be assisted with all registration tasks.

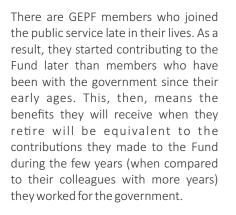
Cengimbo clarifies that, "once all these are completed, then the Candidate is eligible to apply for registration and complete professional registration assignments, a written examination and an interview/oral examination".

He adds that SACLAP is currently running a special dispensation registration which only requires academic qualifications and a minimum of two years' experience (presented in a Portfolio and a Logbook). He explains that obtaining his professional registration technically means that he can provide standard and additional landscape architectural services to active and future projects, with no legal need for mentorship.

"The registration body states and points out that 'with this acceptance comes the responsibility of acting ethically, responsibly and with due diligence in all your activities as a Professional Landscape Architect'. Above and beyond this, professional recognition opens many opportunities and international recognition," says Cengimbo.

He concludes by stating that he can now apply for posts above his current job title, "I can work on my projects in South Africa and internationally. I can enter real-time live professional design projects worldwide. I can start my landscape architectural design firm. However, within the public sector, you can only apply for a position above your current title upon post advertisement."

Increase your retirement benefits (Purchase of Service)



For such members, GEPF offers the option of increasing retirement benefits, termed 'Purchase of Service'. Through this option, members can increase their service period, consequently increasing their pension payout when retiring. When taking the option of Purchase of Service, members enter into an agreement with GEPF to contribute an extra amount towards buying additional years of pensionable service.

GEPF considers three different periods for Purchase of Service. Members falling under these three categorized periods can apply for this option. The periods are:

• Leave without Pay

This is a period when a member was placed on leave without pay (for more than 120 days), suspended from employment or seconded under specific circumstances, and therefore was not able to contribute to GEPF. It is important to note that the employer should continue to pay both employee and employer contributions for the first 120 days of the 'leave without pay' period. After 120 days, the employee and employer stop contributing and the member must arrange with his/ her Human Resource department to complete the application form (Z215) for the recognition of any period exceeding the 120 days.

Previous service

This is a period of pensionable service during which a member belonged to GEPF and received a benefit, except a benefit for discharge and retirement. The member may purchase this period of pensionable service. However, certain conditions must be met before this period can be considered.

If you were previously a member of GEPF and you want to purchase service for that period, you must have been readmitted to GEPF within 3 years and your application form (Z215) must have been received by GEPF within 12 months after being re-admitted to the Fund.

• Other periods

This can be any time after the date on which a member turned 18 years of age until the date the member started contributing to GEPF. In order to purchase service, you must be a contributing member at the time you apply for Purchase of Service. If you fall under the three above mentioned periods and you want to purchase additional service, you can apply by completing an 'Application for Purchase of Service' (Z215) form and submitting it to your HR department, who will submit it to GEPF.

If you qualify to purchase additional service, GEPF will give you a quote, setting out how much it will cost you to purchase the additional service.

If you accept the quote, there are two available payment options. One is to pay the quoted amount to GEPF as a lump sum; the other is to arrange for your employer to deduct the amount in instalments from your monthly salary. The latter option means you will be making two different contributions to GEPF. It will be one contribution for your current pensionable service period and another contribution for the purchase of service.

A copy of the signed quote must be submitted to your HR department immediately so that the employer can set up the agreed-upon necessary deductions from your salary. It must also be submitted to ensure that your employer completes the purchased periods of service on your exit documentation. EPILEPSY

Epilepsy statistics

Epilepsy affects 1 in every 100 people in South Africa, i.e. approximately half a million South Africans based on a total estimated population of 52 million. If every person with epilepsy has 4 immediate family members, at least another 2 million South Africans are affected by the condition.

There are approximately 50 million people with epilepsy worldwide.

Since 2004 SUDEP (Sudden Unexpected Death in Epilepsy) has increased by more than 100% in South Africa.

The overall risk of a child having unprovoked seizures is between 1 and 2% of the general population. However, this increases to approximately 6% if a parent has epilepsy.

75% of people with epilepsy will experience their first seizure before the age of 20.

Up to 80% of people with epilepsy will be able to control their seizures with medication.

1 in 20 people will have a seizure at some time in their lives. However, this does not mean that they have epilepsy (which requires a specific diagnosis). Slightly more men than women have epilepsy.

Causes of epilepsy

In approximately 66% of cases the underlying cause of epilepsy is unknown. This is called idiopathic epilepsy.

In the remaining cases the underlying cause(s) can be identified. This is called symptomatic epilepsy.

The cause of symptomatic epilepsy can differ and include:

- Head injury which may occur at any age;
- Birth injury such as the lack of oxygen during the birth process;
- Alcohol and drug abuse;
- Degeneration (aging);

• Metabolic or biochemical disturbances or imbalance.

Epilepsy and seizures

Most seizures last from a few seconds to a few minutes. Most seizures are over quickly and are easily dealt with.

While seizures can happen at any time, some people only have seizures while asleep (nocturnal epilepsy). Some people's seizures follow a definite pattern; others have unpredictable seizures. Some people get a warning before a seizure (known as an aura).

People with epilepsy do not always have convulsions. There are different forms of epilepsy and different types of seizures.

Living with epilepsy

There are several misconceptions about epilepsy that inhibit the quality of life of a person with epilepsy:

• People with epilepsy cannot excel at things that require physical or intellectual work such as sport.

- People with epilepsy should be treated differently simply because of their condition.
- People have epilepsy because someone did something wrong (it is a punishment).

• People have epilepsy because they are bewitched.

Recreational activities are very important for socialising and happiness. With some adjustments people with epilepsy can enjoy activities that may be considered dangerous by many people. The truth is that the risks are often no greater for people with epilepsy than for others.

Living a healthier and happier life

Epilepsy has not stood in the way of achievement for people like Jonty Rhodes, Vusi Mahlasela, Agatha Christie or Prince.

12

For most people with epilepsy the biggest problem they have to face is the attitude of other people. What people with epilepsy need most is understanding and acceptance from the public.

Generalised absence seizures

(previously known as petit mal)

What it looks like?

The person looks blank and stares. There may be blinking or slight twitching. It lasts a few second before normal activity continues.

How you can help?

Reassure the person who may be unaware of the seizure. Note that a seizure occurred and what happened, including the duration.

Generalised tonic clonic

(previously known as grand mal)

What it looks like?

The seizure commonly starts with staring followed by a stiffening of the body and the person falling down with jerking movements. There may be a blue colour around the mouth, but as normal breathing resumes colour returns. There may be blood-flecked saliva and incontinence. The seizure usually lasts a few minutes.

How you can help?

Protect the person from injury by moving objects away and cushioning his/her head (if possible). Do not restrict movement or put anything in the mouth. Help breathing by laying the person on their side once the seizure ends. Stay with the person until he/she has fully recovered.

Complex partial

affecting a specific area of the brain

What it looks like?

The seizure may start with a warning (aura). The person may appear confused, distracted or drunk.

There may be repetitive movements such as plucking at clothes.

How you can help?

Remove harmful objects and guide the person away from danger. Talk quietly to reassure him/her.

What is epilepsy

Epilepsy is a neurological condition characterised by unusual electrical

activity in the brain causing unprovoked seizures.

A single seizure does not mean that you have epilepsy.

A diagnosis by a neurologist needs to confirm this.

It is not a psychological disorder, disease or illness and it is not contagious.

The brain comprises billions of nerve cells (neurons) communicating through electrical and chemical signals.

When there is a sudden excessive electrical discharge that disrupts the normal activity of the nerve cells, a seizure may result.

There are several types of epilepsy generally divided into two groups:

•Generalised seizures occur when the excessive electrical activity encompasses the entire brain during which the person may lose consciousness.

• Partial seizures occur when the excessive electrical activity is limited to one area in the brain causing either simple partial seizures or complex partial seizures.



First aid for seizures

 Medical help is usually not

 necessary, but should be sought if:

 Ī ÑŐÑRÒDŇ ŒÑŒÞÓMCEŎŃŃÞỚR ỜOŎÞ POŇ

 ŐŇŹŒĚŌ ĂŊMÔDÔŊ ŃŎŌŒŃŎތьEÔŎ

 NÑR ÑÑŌB

The seizure shows no sign of stopping after a few minutes.

I OÑÁN Ò EMŐOŘCEÙMŐÖDÓLÁŘ ŇÞÁDDI POÑ CIÊVŘÞÁNB

Stay with him/her until fully recovered.

How can you help?

Protect the person from injury. Cushion the head.

Do not restrict movement or put anything in the mouth.

Help breathing by laying the person on his/her side.

Stay with him/her until fully recovered.



Contact us: 0860 EPILEPSY (0860 374 537) | info@epilepsy.org.za | www.epilepsy.org.za

FEBRUAR

. MKHARI JACOB MASEKO THEMBA Shiko thabang piet MASHEGO SEEMELA SAMMY HAINDONGO HAIPHINGI ISHMAEL PIKOLI NOKUZOLA PEARL LEKGANYANE MMATSIANA CATHRINE MALULEKE TIYISELANI ONUSMUS MAKOLOLO MALOSE ENOS NOMBADE ORATANANG REBECCA MOLOMO GEORGE KHUTSAFALO MZAMO ZEYISE

FERNANDES HELGAR-DA-GLORIA MATOMELA THEMBEKA EIDA HLABANGWANE WASNAAR BOESMAN MCHUNU BONGEKILE CATHRENE BALDYI KLAAS YINGWANE FENGWANA NONDUDUMO VICTORIA MATSAMBO MAFEMANI PATRICK MATUMA RAPHAAHLE SILVIA Munyai Mphelekedzeni patrick Ndebele busisiwe MACHELE BUSISIWE MACHELE LIAPENG BENEDICTA MAGADZE NTHATHENI PATIENCE MHLONGO BINGO EDWELL NGOBENI PROFESSOR MORIES NKUNA JOEL GODFREY MUSHI MMACHUENE DALSON MAGATI MIMAGHALAK DALADIN Makatu Azwianewi Isaak Mdludlu Ayanda Ndludu Israel Blessing Philani BIXA SIBULELE MAKHONGELA HLENGANE JOHANNES DINGISWAYO XOLELWA MURIFI RAPHULU FULUFHELO MUTHIVHELI KENNY ΜΝΥΔΚΔ ΖΙΚΗΠΝΔ MOEMEDI RICHARD GAOLATLHE

3 SIMERIE JOHN Ledwaba Madimetja John JOSEPH ROMAULO MARTIN Monyela William Maluleka Elizabeth tebogo MAEDELKA ELIZADETIT TEDU Madeda Salatiso zukiso Lubisi sibusiso ben Mlambo sophie lungile MAJAL RAMEEZ MATHABATHA MAHLOGONOLO RONALD CHOANE KGOSIETSILE CORNELIUS MATSI FRANCINA MAKGABO Masinga zamasinga khonziwe May lavhengwa nthuseni SUMU PINYCWA LUVOLWETHU HAWU MCEBISI MGCINA NTOMBIZODWA ANGEL RAMDHLALE MMAPEU ANNAH SINDANE SYLVIA

MDLEKO PRIESCOURT THEMBA NGWENYA DOMONIC BAFANYANE MAGAWU IVY RAMBAU ZWIDDFHELANGANI ELISAH KIVIDO DAVID JOHAN SINGH ANORA Edson Richard Albert MUKHARI MERCY GUGU Portuondo rodriguez mirna caridad CHALIKE DANIEL RISIMATE LUDEKE CATHARINA ELIZABETH MPHAHLELA FUNEKILE ESTER ROGERS WAYNE MNTANYWA LENFORT LINDIXOLO LAMANI MODIEHI GLADYS NENGRIVHELA MEVIS MFOND MNQOPHISD

ΒΠΠΜ ΝΥΑΜΕΚΑ JOSIAH MPHULAPHULI EHRA

MMUTLE MARTIN NGEWANA PHUMZILE TSEPD NKAYI NTOMBOZUKO NOMANDARA SEANE TSHOTLEGO ALFRED Mocwana Matshedisho Solomon MI ANGENI TAMSEX HAZEI RAMARU MOKGAETJI RUTH Dladla lungisani gift Π7ΙVΗΔΝΙ ΔVΗΔΕΙΙΝΔΝΙ BUTHELEZI NOXOLO PEACEFUL MOCUMINYANE PATIENCE DIMAKATSO LETAMO MILLICENT KASADI MPETE MOTSHWANETSI DAWN

6

E VAHED GADIJA RODRIGUES SANTOS DELIA MARIA SIBIYA AGNES MPHO MATHEWS FEZEL HLATYWAYD NONTOMBI ELLEN FAKATSIMBI NOWAMATD EDWARD TERBLANCHE YOLANDA NOWANDLA NOMAXABISD CLARA NOWANDLA NOMAXABISD CLARA NGCOBO NOZIPHO PRETTY MASHELE MARTHA NOMSA MANUS DON KENNEDY MANUS DUN KENNEDY MALAMLELA NQABAKAZI NONCEDO MDLAKA SOLOMZI SIYABONGA DIKORO RAISIRE TERATSO NELANI BONEKA NGCOBO THOKOZANI DEBRA MASINGI RHODA MASINGITA VAMZAYO ZANDISWA MJOLI ALFREDO BRADLEY GUNGQANI KHANYISA

MABITSELA JACOB Motloutsi Magakalane simon Billet daniel Sere Motlalepule Lydia Makama Thembi Apathia Mabotja Ngako daniel HLONGWANE JULIA LEBOTSANG PHAHLADIRA TEBOGO DAPHNEY MAN7F711111 NOMPLIMFLFLO NEKHWEVHA AILWEI NKONA NANDOMONE SOPHY MASHARELA LUNGELWA RONGIWE MATOWANE NONDABA YOLANDA DYAN SAKHUMZI PHUMLANI MALINDI FIDNA MOLEBOGENG MAKHAYINGI MEHLEKETO CLEMANT Shishongi lucia PHOKO SANDISIWE

8

MKHIZE THEMBINKOSI ISAAC KARIEM WASHEILA Kgagara Mabel Selaelo SIBIYA KHANYISILE BEAUTY Magwa Albert Mthetheleli Van den heever hester Louise VAN DER MERVEIREFAAN KOMANE GUGULETHU ΜΑGANTOLO 701 FKA GUGUSHE SAZI MAGUBANE SIFISO GOODMAN MKARILE NONCEDO MKABILE NUNGEDU NETSHIFHIRE MUKHETHWA MUKHELI MASALA TSHIVHASE AUGUSTINE VHUDIFARI CENGANI HOMBAKAZI

SOBUCE WELLINGTON NDABAZOVUYO BOTMA OKKER MATHYS SOLOMON RUSSEL GEORGE

MAPHAUPHAU TAKALANI JOSEPHINE MILLAUDZI ELEI WANI WINNIE NDUMBANA MAKGADI MARIA Gulube Mashabu Aaron MHI NNGO PEACEFIII I NOTHANDO MOTLANTHE MALEBO PAULUS Mokeretla Mohapi Martin MUSEHANE KHODANI MULAUDZI PHINDULO MAANO 10

MDHOLANE LAZARUS JAPIE MBIMBI VALERIA BULELWA MAHLANGU JERRY SELLO GAZI MLAMLI ELLIOT RAMASUNZI AZWIHANGWISI LAWRENCE MATHUNYANE MAMAGABE STEPHEN Manzini Feiki Millicent MPOKO MOLEBOGENG CHARLOTTE

JALI PHIKISIWE Seyise Afrika Sizwe MANGENA PHIRI WILLIAM LUSHOZI KHETHIWE MARTHAR Sekalo Malose Sylvester NKOSINKIII II ANFLISA ROSEMARY BELESI NTOMBIZANELE SHIRLEY SEKHARUME NKELETSENG LYDIA

RAMALEPE PHETOLE JOHANNES NTOAMPE NKAHLOLENG JOHANNES VAN HEERDEN ALWYN FRANCIOS GCUKU SIPHO PETRUS YUDA YVONNE Moshidi Thokgane Mathibeng MULELU TSHILIDZI Nelwamondo mbudzeni lufuno RASEBUTSE I URRAINE MANKHITHI RAMJEE NECHE KECHEN MABDEA LETHAKO DERRICK MTHETHWA NOMNOTHO ΠΙ ΑΠΙ Α Ι ΠΥΑΝΠΑ NDAMANE ZUKISWA 17 MASEMOLA MOKGAPI MICHAEL Matjeni Magdeline Mamajele

MATLHOGO BITSE SABINA KGOSANA JOHANNES LESETJA MKHIZE EORTIINATE THANDEKA MAMETJA PRECIDUS MOSIMA EZEDKE THOZAMA THEOLIN RATAU KHUT.IN NGOMANE PHINDILE MTONGA NTOMBIZODWA SIBISI SAMUKEUSIWE DUMA BERNARD THAPELO TSHABALALA KAMOGELO MAREMA CALROY 13

TLOU ROSINA BASIMOLODI REFILWE MIRRIAM MAHLABA THOBILE PVENTER GERT BAREND RUDOLPH DU PREEZ MONARE DULLINTON CALVIN MASINA THULISIZWE SYDWELL

MIINYAI TAKAI ANI ALIBRINAH CHARA MMARETTY SETHUSA KGAUGELO ΠΑΜΑΝΕΥΤ ΠΑΙ ΙΙΧΠΙ Π ΝΝΕΤΕ GWAYI SIBABALWE GUMEDE ZAMOKUHLE MENDY SHABANGU NJABULO MECURY 14

PYL NICHOLAS JACOBUS MEDUPE IKGOPOLENG LUKAS JAARS PIETER RIKHOTSO HLENGANI JOSEPH COERT JONATHAN Matlala Phenga Hendrick GELDENHUYS BENJAMIN BASSON

In Memory of Our Fallen

SETI ZUKILE MRESE NTOMBIYENKOSI ROOPRAM-BAIJNATH SHALINI Nevondo mmbudzeni MAHASHA POROME LOUIS STEMMER SIYASANGA KEFUDE Nobela Andile Catherine Ntwanambi belinda nokhanyo DIHEMO BDIPELO VALENTIME MASENYA PELEBESE JERRY SIRANGO SONDEZWA WEIMERS MAGGIE

15

PEFILE SICELO Ramoselei Wilson Molahlegi DLADLA JUNE SINDI MOKGALAGADI HILDA NZUZA RICHARD MANZI VUSUMUZI NYUKELA YAMISO LANDILE WELCOME BOSHOFF RONFL MAKHURA JOYCE PAULINA YMAN WILLEM FREDERICK HI ATSHANENI MANGALISO NXUMALO NOBUHLE DORIS SWART CATHERINA MAGDALENA NKONDI WANA GLORIA NONTSASA MANNGO TSHIMANGADZO TSHILIDZI Phetla mamphetu cathrine NETSHIFHEEHE NNDWAMATO NOEL MOTHEWE TSHEGANG TULIP SHANGASE HLENGIWE MOLOKOMME SYLVESTER MORONGWA Molokomme sylvester Morongwa Modlomba siphelele Mlondo Khanyisani emmanuel DIPA SISIPO ANATHI Moletsane mabataung caroline NETSHIENDELILLI TSHAWE BUSTER SETLABA NTSWAKI SEBABATSO NGIDI AKHONA MBALENHLE NENHLANHLENHLE

16 PASLEY GLENDA Kekana lesebana Jan Vuma evelyn Mali Thomu Mafanedza Joyce LESEJANE JAMES RAMMIPEN KRUGER LORI MARIE CAROLINE Makofana kamela Paulos MOSO DIAHO Siwelane muti adam Peyana Sivuyile MAHORE PHILMETA MUNYAI MULALO MUNYAI MULALO MUVHANGO TSHIFIWA CONSTANCE VISSER FABIAN RANDALL Kongwana msimelelo alvin Mabophe aphendulwe

17 DE LILLE PATRICIA MOGALE MASHITE DE KLERK HENDRIK KOOS MOILDA MOKGOWE PHESTINAH YOZI PHATHISWA ELLEN Fazel ellahi imtaz ahmed Tout wilena SEFALI PALESA AGNES MXOLI NOMATHAMSANDA BRITTANIA DAVIDS RAGMAT SHENXANE TEMBEKILE MAMPHITHA TSHIFHIWA MARASA HI ONIPHANI FI VIS KEKANA DANIEL MAKURUBA MALWELA SHANDUKANI LESLIE NYAMFU NDMAVA

18

MOTLHAKE NKGADI RENDANI MASHIGDANE Khan Ahmed Anwarulhad Barnard izak kruger SWART MACHEAL GIDEON SIPONDO LULAMA JONATHAN ANTJIE JAFFA ANNETTE MOKOKOSI MARCUS CIKOLO NOMPENDULO NOMTHANDAZO VERONICA THOLAKELE SHABALALA PHASWANA NDITSHENI PATRICK MFUSI LUNGISANI REGGIE MHLAHLO NOLUNDI LILLIAN MAMPE GOODNESS LEPOTA MOTSHOANE SAMSON SELLO Gonslin Ruwaan Mark

COLLYER LEWIS JAMES MAZIBUKO BULELANI SIMON

Colleagues

MBENGO ANNE ELSIE MALIII FKA KHAZAMIJI A ARFI MALOLENA NIAZAMULA ADEL KRUGER EULALA MOKDENA MOKHELE JOHANNES MASHAMBA TAKALANE NAPOLEON MOSDANE MATSHEHLANE SEMORI NGUBANE BONGIWE THUPUTLELA REBECCA SEWELA NSIMBI NOMPUMELELO DYALIVANE ZINGISA ΚΗΠΖΑ ΜΙΥΕΙ ΑΝΙ ΑΤΗΕΙ GODUKA ZINGISWA NZUZA SLINDILE MASIKANE NOKWANDA DUMA MALUSI BHEKUMDENI 70

NKOSI KENEILWE MONICA MTHEMBU FAITH SEKAMOTHO M7111 WINI DUMISANI MECHACK SALD STAFFORD CLINTON MADI ALA IDAW QAYISO MGCINENI ERIC Magopa Madipholo Mirriam MARHONOTI ZUKISWA NKHOMA NELSON Nondwangu nombuyiselo constance KGOFLE NTHABISENG MPONDO MCEDISI VAN NIEKERK JOHANNA CORNELIA MMOTONG VIVIAN SELABJANA Shandu Bongekile Thobile Ngcetane Chulumanco MAKHENKE LIIVELWAND

21

MASHAMAITE MATOME PHILIMON MORENO GARCIA RENE ROBERTO KGOMO LILIAN KELEBOGILE PALU APONTE NEDA YRIS RAGOASHA RODNEY MASUBELELE MOSUSUMEDI JOHANNA MOLEFE SIMON NTSIETSANA Molefe Moyagabo Patricia NTOMBANA NTOMBEKHAYA ROSALIND DIYA VUKILE MUAVHA TSHIFHIWA PATRICIA SAMBII NOMATHAMSANDA RAMOTHIBE KARABO VALERIE Molokomme Mahlatsi prudence MONYAI TSERENI MUNTAI ISERENI KULA INAM MOTSEOTSILE KGOMOTSO PATRICIA

77 QIQIMANA ANDISWA MAGEZA ROSEMARY LLOYD RYAN PARIES IAN IVAN STEYN KARIN SOFIA HENDRICKS ARLIN DELME POO KEVIN MALEMA YVONNE REFLI WE SETE COCKY RAMADIMETSA THOVHOGI AVHEANI DESIREE

MASHABA LULAMILE KENWARD

MONTSHIDA MICHAEL GLEN MBHUNGANA TIMHAKA VIVIAN MAROGA PHIRWA JACOB

WATSON TREVOR JAMES KHANYILE FIKILE GLADNESS

OLIVIER ALETTA ELIEZABETH MAKHANYA ROSE PALESA

NKARINDE JOSEPH MKITI

MOTHERE SYDNEY

23

PHIRI TEBOGO BUSISIWE Shimati Masingita Maud SEWEDI ITEMOGENG ERIC SEGALE BOITUMELO JOSEPH MAY SISANDA GRACE MATLADI MASELAELO ELVIS

TAU AARON Sambothi zama princess MORDASWI MATHABO DAISY Matubatuba thabisile DURISIKO UUKHOLO 24

MBATHA ERICA DUMISU F SOKHELA SIBONISO GOODMAN Mothupi Cynthia MACHOGA TSITSILA BRENDA MAGINGA I SITSILA BIENDA Childane Lazarus Edward Mpisana Temba Ngcobo Nokulunga Nonhle Brightness MALULEKE DISCHARGE Molada Sannah Moleboheng Lekgothoane Mmamphoto Eric WILLIAMS NATHAN JOHNATAN SITHOLE MARIA MAI EKA THANNY PHELANI

DAVHULA MURUNWA CATHY 75

POTGIETER NATASHA JAMES RONALD IRVIN MASIYAKDANA BALAYEGILE LINAH GABELA JABULILE EUNICE KHOZA GABISILE BEAUTY Raphala Mahlodi lina Khoabane Mahlomola Abiel MUGWEDI OFHANI JUSTICE NDHLOVU TSHEPISO SEANE MSIBI THANDEKA PATIENCE MADKO GELVEN REIZEL Ngubo lindeni Madiba lebogang magdeline NEKHUMBE MOLOGADI ROSEMARY MNQWENO ANDISWA ROSALIND SEKGOBELA HAGAI DITSEBE MASHELE DUDU PATIENCE MSABALA THOBANI PRINCE BILYS WILHEMINAH ROSINAH MCHUNU ANDISIWE 26

MINNIES SYLVIA MATHOLE PEAGANE JAPHTA MELESID FLIZABETH FISHER NORMAN MAPHOPHE YVONNE ADAMS MCDONALD ADAMS MEDUNALU THIPE CATHERINE CARDLINE SIBIYA THOKO BUSISIWE RAMPOLI KENNETH MDEMISE MUKWEVHO MULALO MATANE KAGISO SELEKA DIKELEDI LETTIE SMALL JUSTICE LOFTY NTSHELE LUYANDA NOMCEBO MERYL MOLE ZANDISIWE WENDY MATIBE MISHUMO CONFIDENCE MALATSI ANNA LEBOGANG

27

BOONZAAIER JULANDA VILJOEN DEDN Shaba Jeffry Sekgala Timothed Kunke MAGOGODI KEDIRE DANIEL CHAUKE YVONNE FENI NELISWA MILLICENT MANGCENGEZA NTOMBOXOLO AMANDA ZIKHO MATHABE POLLEN GOEIEMAN PULANE RUTH SEABO PULE GEORGE BLACKMORE DAVID JAMES RAFANI BONGANI AI FRED MAISELA MAMASIARI DEPHNEY Dlamini nhlakaniphd Master BUTHELEZI LETHIWE NTOMBIZONKE

28

LOURENS FRANDAH Mavuso Elias Dumisane Mahlangu Bathabile Elizabeth MBUKUSHE NOTSHIKELELO AGNES Dlamini dumisani erick MORE KENELDE ISAIAH NKIINA KIII ANI EWERT LUSHABA SINDISIWE MASEGO EMILY MASEBU EMILT Motlhasedi Moeng Jeremia Mbanjwa Nyameko Thabiso DI ALISA SANFI ISIWE FEZILE VOKO AMANDLA YONELA

79

DLADLA DUDUZILE ELELAH PETERSEN GALIEMA MDINGI SIZEKA MUINDI AIZEKA PHEJANE MOEKETSI JEFFREY JONAS VITHI LONWABD





Bruce

Kgatla



Mpaku Maswanganyi Mathabathe Raselepe

Tshepo

Lindewe Mbele Maseko



Moshibudi Catherine



Simelane Ngobeni



DI AMINI MICHAFI THEMBA LANDU NONYANISO VICTORIA NKAMBULE JEREMIAH MATHONGWANE ΜΗΙ ΑΗΙ Π ΤΑΝDIWF ΝΠΜΤΑΝDΑΖΠ PAMLA PHAKAMISA MBATHA KETHIWE ALPHINA SETABA MMAPIJI A RACHEI MOSIA JUDITH SELLOANE MOLALE OLEBOGENG CYRIL MAKARINGE MUSA ISRAFI SERAGE MPHO CONFIDENCE MAKUNGA NOXOLO CYNTHIA ΜΥΑΚΑ ΝΤΠΜΒΙΖΠΝΚΕ ΖΑΝΠΙΙ Ε TSHABANGU DZUNISANI TETYANA NOMBEDESHO NASIPHI SPESIHLE MASHABA MAFANELA DAVID

MARCH

BODI ZWELINZIMA ERIC MAFOHO THABO SAMUEL RANGOLO TSHTAMUNE GUDSON TSEUDA EUNICE EKABA Sikhathi munyadziwa joas MAKHATHINI SINDISWA CINDY BUTHELEZI BAFIKILE EUNICE RAMAFIDZA TAKALANI WINNIE MVANA PORTIA LINATHI MZINZI MCEBISI MOKHERE KARABELO JOYCE NKONYANI TINYIKO AMUKELANI NEMUDZIVHADI DZANGA BLOSE PHINDILE PRISCILLA NDOU LUTENDO MABUNDA PRISCA NKOLOSA AVIWE NDAWE ANELE Hlambisa Mhlengi trust MATSHENG CHELSY TSHIAMO PHOLO REBAONE MBEDZI SEDZANI JAMA RUHUF

SELIGA MAPHALE ANNAH SELUGA MAPHALE ANNAH Shuping Mabilo Andries Bonyongo Earlington Wanga ROOS DEON RUUS DEUN Magwaza zanele Angel Ricketts David Andrew Malatjie lerato Thomas MAHWAI MDITSUSI GODFREY Malumane lindiwe mambdweni NHLAPO MOLIDI IZA SAMUFI SOHUMA KHOLISWA MTI NOBUNTU FRANKLENE MAGIDA DAYSMAN Mjindi soyisile Nkwinika motjatji engelinah THIPA SEMPHETE WORST GUSTAV HEINRICH DUBAZANE NONHLANHLA Madyantyi Anele Siyasanga Nyosana Lindelwa Deja Nkululeko Phinidus MDYANE VUYISWA EMILY MULDVHEDZI MABORE CECILIA MTSWENI MERRIAM PHURAVHATHU PHATHUTSHEDZO NGOMANE HAPPINESS LONDEKILE SOKHELA THEMBANI SIGANGA ZUKISA CREIGHTON NAUSHAAD MUKHITHI HUMBELANI MNGUPHANE ZIZIPHO 70KUFA I WANDO MIINAII MIINNZHENZI NNIEHENZO ROSINA

h

KLEINSMITH THEODORE JAMES EDWARD LIRUMO RUDZANI LILY RIEKERT KAREL MAKHUBELA GIYANI PHANUEL BHATAMA DUMILE MAPUKATA MLUNGISI ALBERT NDI ANZI MOSIMA CAROLINE PEFILE BABALWA EDITH SETLALE JOSEPH KATLEGO DINA PHILASANDE BONWABISE NKOSI SIPHO INNOCENT NGUDI E NOUWE PATRICIA

MRADI ISA NANDE

5 NTSANGANI MVELISI Marescia patrick nowellen Zuma musawenkosi milton HARTZENBERG FI MO DAVID SHABALALA SFISO NDHLOVU JOHANNA HLAMALANE MAJOLA THULILE NOMPUMELELO PURITY KOLI SIZWE SEKGOBELA PETER LESIBA CHOKWE RAYMOND HASHANE Khumalo thato mmapula Mchunu bonakele hloniphile MGHOND DDIARELL HEAMFHILL Mahlangu Jane Zanele Msimango langalibalele innocent MASANGANE SITHANDWA CHARLES MODIRA MATHIRE DAVID GCABASHE MENZI MNQOBI NYEMBE SNETHEMBA FORTUNATE

R MOTHOA KLEINBOY MAFAMO MKHONTO SOLLY MBOBI Makhoana Molelekwa Andries HANISE NOVUSILE HANISE NOVUSILE KRIGE EVELYN WILLIAM MDAKANE SIFISO MALEBYL JEREMIAH LENGOTSWANA ZIDE EUPHEMIAH PHUMZA MKUTUKANA SIMPIWE DAVID ROTHA MATTHEW BAN SIKHUHGWINI CHWAYITA Qondani Sithule UUNDANI STIHULE MOKDENA MOSHIANE LEHLOGONOLO KLAAS AHLUMILE MOKOMELA KGOTHATSO ORATILE

JELE MANASSE GRACE MAPHAHA AZWIFANELWI EMILY Moyo gladys maragele LESDETSA JACOB KOPANO MUNYAI MUTHUPHEI NATHANIEL Kekana Mokgaetji Merriam Mokgohloa tshepho chuene 8

MARAIS JOHANNES PETRUS XABA VELILE CYNTHIA MAHLATSI MOOKHO AGNES GWADISD MAWFTHU GWAUISU MAWETHU MATSHWANE SILAS GOITSEMODIMO MAGWAZA LANGELIHLE MPUMELELO NGORESE LUNGUE TWATWA NOMNIKELO MFIKI NOMFUNDO SAMELLA MTHETHWA THANDEKA LUNGILE MCHUNU GLADNESS KHETHIWE MATOTI THENDO FANA ZIZIPHD

MAKWARF RANDI A WILLIAMS GRANVILLE PHASHA MASHWAHLE DANIEL MAGAGULA GRACE NOMVULA MTHETHWA THANDIWE LATHA HURILALL REEMA NGCOBO NOMBUSO LYNETTE GANAS PRAGASON SEGUNE AYANDA RAMPHEKWA RELEBOHILE MAHLOKO KWENA JACOB FAKII ATHI KHIJI IJI FKII F KIJMKANI MTAKWENDE EZEKIEL FIKILE MBIJEKANA PATRICIA FUNEKA **RHELD PALESA HEREPINAH** MASIKA WANDA SIPHELELE MATHANGANA ZOLEKA NONG LEBOGANG NELLY MASWANGANYI MATIMU TREASURE ZULU THANDEKA NGCEBELE NELISIWE ISABEL MSDMI KHANYISILE 10

NGENI TANDISWA SWANEPOEL KATHLEEN SWARCPUEL KATHLEEM SHABALALA KHANYISILE FRANSISCA BENGU NOKWENZANI LETTIE DLIVIER VERONICA LOUISE

MAKGAI RAMATHABATHE SHEILA MRELENGWA MULATEDZI MBELENGWA MULATEUZI REDCLIFFE WARREN BERTRAM NTULI SIMPHIWE LENNOX MSHUMPELA MALUSI XOLISA MTHEMBU ABIGAIL ZANDILE MUDAU AZWIHANGWISI EUNICE MPOLOKENG POLOKO GOODWILL Rakgoale mboi justin Magagula khawulani niclas MASONGANYE MDABAZI MARRY Phalatse refilwe patricia Sifingo thabisa MLAZA RACIANCE Chauke Rixongile Sufficient Mhlabeni votiswa KHABOLA MONAMOLI

THOBAKGALE LESIBA KOOS Senyolo Ramelemo John Donald QAMSE ROSEVELT Van den heever tania shirlene Jonathan Kobamelo nancy Makhafula beauty mmaleso RAKOSA PABALLO MAMODIDI Madzivha rofhiwa irene NTORENG THUSHO MMIIDI RAMABULANA MULWELI SHARON MUGWEDI DZIVHULUWANI THALITHA MRATHA MANDISA CHAUKE HITEKANI ASHLEY NDZIYACA SINAZO NDANA SIYAMAMKELA Pumani uwuvile 17 NESENGANI SHANDUKANI CAROLINE MATJENI JACOR MATJENI JACUB MOKOKA LESIBA JOEL HLENGWA ROSEMARY MABONGI MADONSELA THEMBISILE LINAH

MAGANE MURIEL MMAPHUTSI MSUMZA THEMBELA SIYAMTHANDA NTIMANE AUDREY MABUSO LETSATSI JOSEPHINE Mosala Malenka Augustinah I II IMI I VHUTSHII N MAJOLA SIYABONGA MMOTLANA OLIVIA MOTHALELL MULALO SANDRA HANONG TLOTLISO AKHINZOLO MUFHADI TSHILIDZI

TSEU BONGANI DAVID THELEDI JANET Sishuba mpumezi patrick Gumede Themba Lefty MAZWANA MEYISI SOLOMONS NEIL CHRISTOPHER MALULEKA JELE NORMAN KOKO BIJI FI ANI MSIZA ZANELE JULIS NGOBESE PHELELANI SEI RY MUDAU TAKALANI VAALTEIN ZITHOBILE MUNISI MARTHA PHIDANE UHONE 14

SEKGABI STANLEY MAKWE Memela hlengiwe jessica ARARDA BOLONA YASMIN TSHWANE MOKGAETSI SUZAN Matemana Maths Lucas RHWESHA LUDWE UHWESHA LUUWE Makhabeni-fokazi ntomboxolo Matodzi lebogang Michael I FTSIF DIPLID FLIZARFTH BRIJMAN GITISH RAMDIRAS RIKHOTSO MIHLOTI MARLIES SIBEKO PHAKAMA Madonsela ntuthuko sandile Mubvumbi tawanda enock NKONDLWANA NONKOLISEKO Molepo Matshelane Claudia Mabona Mabona diteboho SEROKA MAMPE TLHOLOGELO

MASIKO LUBABALO MOSULI Raphahlelo modjadji Annah Koetz lefulebe jeremia

MPUMLWANA LINDIWE FILLIES FAIFK NOMGCA XOLILE SETHOSA MMAMMA JANE BAADJIES NTHABISENG REBECCA MOKUKE JOSHUAN LUCIANAH MASEGO Botshobana luthando MAKARENI FE7EKILE MAKABENI FEZEKILE NSIMBINI ZIBONELE RICHARD MESANI NOLUTHANDO ALICIA XAKI SYDNEY NKOSINATHI SHASHU Tofu nomfundo constance Mabe Maleboyo cynthia GCARA PHILANI INNOCENT TLADI VICTORIA MANGAKANE LANGA RAMOKONE BRENDA CHAUKE VICKSON MBIKO SIYAMVUYELA SHANGE SAMUKELISIWE MATSHOTYANA LUTHO WELCOME ASTON RAMOND HI NPHE PHILILE 7INHLE ZULU NOBUBELE SITHEMBELE

16 MORETLWE TSHOLOFELO JACOBS ANTHONY EDWARDS PIKE EMILY BUSISIWE PIKE EMILY BUSISIWE NTOMBELA DUDUZILE CESLINA NYEMBEZI WINTER-ROSE DUMEPHI NOMANDLA MOGOAL EMILE NAMENG MUGUAI EMILE NAMENG PHUNGULA NHLANHLA HUBERT MANDEKA PETER KHULILE SHIRINDA RODWELL GEZANI NGCOKANA BAJABULILE FELICITY XHAYA LUNDI Mackaukau thembani harold Mazibuko Aaron lekatjo Ntlatleng anna leitumelo MAKGATE BETTY TEBOGO MOTHAPO ISAAC SEJABOGALE PHALANNDWA RENDANI PINKY MZWALI NOLUSINDISO BARBRA CHOKDE MONARENG JOHNY NTSAU THATO CLAURINA LEKHOLO GEORGE THATO PHALANDWA PFUNZO MTSHALL MTHORISI MABUZA BONGANI HUMPHREY 17 KHUMALO MAGDELINE TANDI Lephakha Maria Motshidisi SHIIMA JITHN MAGEZI NAIDOO RAYMOND Mangqengwana Nokulunga Apolia MANDELNOMANA NUKEENDA AF DIA Masango Mokgethda Maggie Mothoa Steve Sydney Mahlanyane Cele Evaristar Silindile NGINDANA NCUMISA ETHEL MELANE SICELO PHAKATHI CAROL ZANDILE

ZITUMANE NGUQUKO MAWUNDU WANDILE THEOFRED SEMANI PHUMUDZO TEKWANE SIRONGII F GRACE SITHONGA BONGIWI SEANEGO PORTIA SIKHITHA DAKALO

18

MADZEBE MALUTA SAMUEL Campbell Malcolm Sefume Matshedisd Christine SETI THEMBELA VERONICA PAPO LESIBA PAULUS 7AMA NO7IPHO CI ALITII TOAH MTSHISELWA LINDA PRUDENCE MAMABOLO MATSHIDISO MASEFELA JOYCE MAMORARE PETER KAGISO TSHAUAMBEA KHOROMMBI MOSES Mahlakahlaka Thulisile MAFFANF MTHI INNOCENT JIYANE MANDLENKOSI NKANYISO MUVHANGO TSHILIDZI CARROLINE SEPHAMLA VUYANI GODFREY Chauke Shalati gillian RELE NDIVHUDZANNYI

DEETLEFS ELIZABETH MARIA AUCAMP STEPHANUS JOHANNES THUBANE JULIA MOMO MILI EKWA MAMMA SETTA MATHIBELA BALEKANI JOSEPHINE Nyapisi Sheryl Mantsi MASEKO ALICE ZODWA MAGENO ALIGE ZOUNA MOHLODING MANUEL NTAI REFILOE ABEL MADIKOLOGA RAMAESELA PAULINAH ZWANE MDUDUZI CHRISTOPHER KHOTLO ISAAC LEE DIKELEDI LOUISA SEBEGO TEBOGO TSHOLOHELO LEFIFI SOPHY MOLEBATSI FOROLOKO FULUFHELO NOMBEMBE LELETHU LUYOLO TSHWANE QUENTIN THAPELO PAKO NHLANHLA Ledela reatlehile 70

NKOMO SIMANGELE CHRISCELDER MATSOTSO LESOLE SOLDAAT

MLAUDZI MASHUDU PATRICK SIKHWIVHILII VHUTSHILO

71 DE KLERK ANDRIES JACOBUS MHLONGO BONGANI OSCAR MASOPHA ELIZABETH KEIKANTSENG PRINS NORMELENE MLOMBO THEMBENI THULLY MASHABANE JABULANE LAWRENCE SIXARA GLORIA ZLIKISWA ZULU LUNGILE PRECIDUS MULAUDZI VHONANI ENNOCENT MAGENUKA ZINZIE Scharf Walter Michael Mini Yandiswa MOWA MMALENYALO EPHENIA TYS UNATHI PRECIOUS BULABULA ANDISIWE MODISE MAMOKONE MARTHA Makhathini zandile carol Nkosinomusa MAI FRF THATO KONDLO LATHITHA NOZINTWANA ESETHU

22 POTSANE JACOB MAKATA I AKA TSEPEDI HENRY MAILA WALTER MAREME NKONWANA GRAMMY MASINGITA MIIDAII FHIII IIFHIIWANI MUDAU FRULUFRUWANI NTSHANYANA BABALWA DELISIA MNYANDU SBONISO WISEMAN NDOLL LIFLIND ZUMANE PRISCILLA DINED MGCUWE NOMAPHELO NOSICELO NUMBE KHAYAI ETHII NDALIISIWE BALOYI TSHEPO SAMMY NDUMO SANDISWA MHLENGI BOROKO DAVID MOKOTED MBAYISA AKHONA SANGOTSHA SIVUYISIWE

23 MNISI NONGAMTHINI LYDIA JORS ARRIE MASHELE PHILLEMON GEZANI NCHOCHO MOIPONE NTHABISENG LITHEKO FLORENCE NGWASHENG ALBINA MAKOLWANE NGORENI THEMBA COLLINS MATSILA PATRIC MNYANDU MUZIWENHLANHLA JOHANNES DIRE MOTSHABI CONCORDIA PULE GOMOTSEGANG MILDRED MASHININI SHARON LEBOGANG MASEKO SESITJIE MARGRATE MTYUNDYUTO DUMISA MUGWENA ALUWANI BERNADITH RAMANGWALA HUMBELANI MAHADA MULALO Chabalala thato sarah SINAKGOMO KAGISHO SIMON

24

STEENKAMP MICHELL ANETTE MZILI LINDIWE CONSTANCE NTSHINTSHI ZAMA ALFRED MOKGOHLOA MICHAEL CHUENE Mapheto Mokgadi Engelina JAMES VUYO BOND LETLERE SARAH RAISIBE MLANDU KOLISA NTULI MARTHA DUDUZILE THOKA MOSHIBUDI SABINA NYIMBANA SYLVIA NOKUTHULA LETSDALD MOHLABE MADJOE SEAN MICHAEL BODLANI GLORIA NANDIPHA MAREMELA REFU DE PRECIDUS MPETHA SANDILE GQIRANA SANDISIWE MARADAHANYE KHUMBELO MODISAKENG MACKWIN MERCY

25

WICKS EUGENE MUKUMELA MASHUDU LUCY ERRENS LEONARD ELIAS NDLOVU BHEKISISA WISEMAN Letsapa Rebecca Xoliswa Busisiwe NGIDI JOSEPH MUNTONGAZI NTSEKE KEITUMETSE MOITHEKI VERENA MONNAPIII & VICTOR OBUSITSE MONAMA MADIDIMALO TINY BVUMBI MASHUDU PRECIDUS RALINYL JULIAS THOMAS BALUYI JULIAS THUMAS NXUMALO SEBENZILE SAMUKELISIWE KHANYILE SAMUKELISIWE FORTUNATE DI AMINI NONTLITHUKO ULAMINI NUNIUIHUKO GCABA THANDAZANI MNOOBI MAJALI PHATHEKA NDOBE NTANDAZO SIYAMTANDA MOKGOPE KGWERANO BOTROSE

76 POWER PETRUS HENDRY MACHETHE MMAPULA SALOME MCHUNU MTHUTHENI MAKHUBELA MARIA Basson Frank Ruben Fred MATI HOL WA KEGOMODITSWE GLADNESS MKABENI AYANDA ZANDILE TSHEKELA GUGU PENELOPE

THULD MAPASEKA MAMAFOHLA ALICE CELE PRINCESS MAVHUNGA MMBUDZENI JOSEPH MHLONGO NOKUTHULA SBEKEZELO CHIBASE MPHO RETHABILE MAHUBANE MAKGUPYE EXCELLENT

27

MOTLOUNG CLIFFORD MBELE MDINELWA CORNELIUS KHUMALO PETROS BHEKIZITHA JOSEPH WILLIAM THOMAS ZULU GOODMAN SBEKO MUTHEIWANA NKHUMELENI MOTLHAOLWE SISMOGANG ELIZABETH NYEMBE PRUDENCE NYEMBE PRUUENGE RADEBE MZINAKHE JEREMIAH RANKAPOLE NCHIDI JAMES BHEMBE NOMASONTO THABITHA SENGAKANE SEMONKI PAULUS SEBOPETJA LERATO FREDDY MAHANJANA SIBABALO SIDWELL KUTU NTHABISENG MAGADLELA NTOMBOXOLO SHE7I KHUI FKANI RENEDICT SBUSISD MOFUTSANYANA THABANG ERNEST TSHAUTSHAU ROFHIWA GIRLIE MNISL RUUDYGUU TY MNYAKA MVELISI ZENANI KAMVA TREVOR SONGO

78

MTUZULA NOMONDE NFTHE MAHLAVANE PIET MABAPE PETRUS MBUTI Kuldago andronicca thabiso sebolelwa ΜΑΒΠΚΕΙ Δ ΜΔΜΠΝΔΝG EMMA ERIEDA MAHLAELA TSHEPO PHILLIP MTSHALI THEMBA MAKEPEACE NAMATELANA ZINGISWA Kwinda kanukani timothy Moremi koketso MUREMI KUKETSU Letsoisa cecilia palesa Lidzhade rolivhuwa MIII HANGA SAKHII F KHAKHU ROTONDWA FAITH

29

29 SIBYA PETRUS ALLEN ZANDRÉ CARL NISELD LUVUYD NDEL BARRY JOHN SETARSE DIMAKATSD JOHANNES GWE VELISWA VIETORIA MATJEKE JABULANE FRANS PARSS CRYSTAL ESTELLE RATHANA KHUKHWANE LUCY MINRT KHANYSL MOKO KHANYISA Shabalala nokuthula patricia MOLOI DIMAKATSO PATIENCE Maluleke Thembi Nkosi zandile zanele KGADITSE MAKGONENG HELLEN MATHONSI JABULANI PATRIC XAKEKA THOKOZILE

30

FORTUIN GEORGE BALOYI KHAZAMDLA DANIEL VILJDEN WAYNE PATRICK NDALA JACOB MAKWAGA BARNARD ALETTA GERTRUIDA ZWANE BHEKANI SIDWELL NGQONGQO ANDILE NTSIKELELO ALLEN MICHELLE FRAULINE MATAKANE NOKUKHULA KUNENE JABULILE PALE NGAKDANA LORRAINE LUTSHABA WALTER LUYANDA KWALA EDGAR KHENSANE XAVIER MANAGA MPHO TEKOLO GOITSEMODIMO GIDEON MNGWEBA GCOBISA 31

WITTSTOCK CARL LESUE SIBIYA SITHUMU ELPHAS MATLOU RAMMALA LUCAS LUHLANGA LINDINKOSI PAUL Ramngwane buyisiwe Rima Motlhamonyane bennet tsholofelo MASHIA MPHD CHARLES Masenya Lousa mmadikhuru MAKHEDA VIDI FT BANGELA NELISIWE SIHLAHLA ATHENKOSI MOSE ZARONKE RAMABULANA THENDO

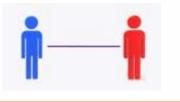
SICELA ULANDELE 'IZINYATHELO ZETHU EZIYI-7 UKUKUSIZA UKUNQANDA UKUSABALALA KWE-COVID-19'



UMA UNGAFAKANGA IMASKHI, AWUNGENI!

Ufanele ugqoke imaskhi yobuso njalo uma ungena esakhiweni somphakathi esinjengalesi, ukusiza ukunqanda ukusabalala kwe-COVID-19.





UNGASONDELI KAKHULU KWABANYE ABANTU! Sicela ume okungenani amamitha ayi-1.5 ukusukela kwabanye abantu. Landela omaka abaphansi ukuqhelelana.



3

HLOLELWA IZINGA LOKUSHISA!

Njengesinyathelo sokuqapha, bonke abasebenzi nezivakashi kudingeka ukuba bahlolelwe amazinga okushisa.



KHUMULA AMAGILAVU LAPHO UNGENA KULESI SAKHIWO!

Ufanele ulandele inqubo eqotho yokugeza izandla nezinqubo zokulawula amagciwane.



5

SEBENZISA IZIBULALI-MAGCIWANE ZEZANDLA!

Ungasebenzisa esakho isibulali-magciwane/ ama-wipes amanzi, ngaphambi kukanogada, KUPHELA uma kunobufakazi bokuthi lokhu okungenani kunama-70% e-alkhoholi.



ABANTU ABATHATHU KUPHELA (3) ABAVUNYELWE NGAPHAKATHI KWELIFTHI!

Izivakashi noma abasebenzi abaphile kahle futhi abasebancane, bakhuthazwa ukuba basebenzise izitebhisi.



HLAMBA IZANDLA ZAKHO OKUNGENANI IMIZUZWANA ENGAMA-20!

NJALO ufanele usebenzise insipho namanzi ukuhlamba izandla zakho ngemuva kokusebenzisa indlu yangasese. Hlamba izandla zakho okungenani imizuzwana engama-20.



Ngolwazi olungeziwe:

Isikhulu sokulandelwa komthetho wezempilo emsebenzini Nks Gugu Komane 082 888 0841 / 012 406 1013/ 18

> Isikhulu se-Wellness Mnu Reuben Mahlatjie 082 887 8047 / 012 406 1289

