



Date: 22 – 24 August 2023

Venue: FSCA Offices (Pretoria) - Shingwindzi & Letaba Training rooms.

**Address: River walk Office Park, Block B, 41 Matroosberg Road, Ashlea Gardens,
Extension 06, Pretoria, 0081**

MENU DAY 1

BREAKFAST: 10H00

LUNCH TIME: 13H00

DESCRIPTION	QUANTITY	UNIT PRICE	TOTAL
<u>BREAKFAST</u>	25		
Filter Coffee/Tea with milk and 3 sugars			
Muffins (Medium)			
Scones with fresh cream and jam			
<u>LUNCH</u>	25		
Pap and Samp			
Fried Chicken (Medium Portion)			
Beef Curry			
Creamy Spinach salad			
Sweet potato			
Greek Salad			
Beetroot salad			
Still Water 500ml	100		
Fizzy Drink (mixed flavours)	15		
100% Fruit Juice 330ML (mixed flavours)	10		

MENU DAY 2

BREAKFAST: 10H00

LUNCH TIME: 13H00

DESCRIPTION	QUANTITY	UNIT PRICE	TOTAL
<u>BREAKFAST</u>	25		
Filter Coffee/Tea with milk and 3 sugars			
Scones with fresh cream and jam			
Toasted Sandwich (Brown and White)			
<u>LUNCH</u>	25		
Rice and dumpling			
Fried Fish (Medium Portion)			
Lamb Curry			
Pumpkin			
Carots salad			
Coleslaw			
green salad			
Still Water 500ml	100		
Fizzy Drink (mixed)	15		
100% Fruit Juice 330ML (mixed)	10		
GRAND TOTAL			

MENU DAY 3

BREAKFAST: 10H00

LUNCH TIME: 13H00

DESCRIPTION	QUANTITY	UNIT PRICE	TOTAL
<u>BREAKFAST</u>	25		
Filter Coffee/Tea with milk and 3 sugars			
Pies and Samosas			
Croissants, Cream Cheese and Jam			
<u>LUNCH</u>	25		
Macaroni & cheese			
Rice			
Chicken curry			
Fried/grilled beef chuck			
Green beans			
chakalaka			
Three bean salad			
Patato salad			
Still Water 500ml	100		
Fizzy Drink (mixed)	15		
100% Fruit Juice 330ML (mixed)	10		
GRAND TOTAL			