

Catering: 20-23 September (4 days)
Venue: 8th floor Boardroom, CGO Building

Requested Menu: (16) Delegates

Intermediate and Advanced Excel Course

20 September 2022 BREAKFAST: 10H00

- · Coffee, Tea, with (Powder and fresh Milk), sugar
- Croissants (Plain)
- Sandwiches (Cheese, Lettuce, chicken mayo with white & brown bread)
- Bottled water (500ml) x16

20 September 2022

LUNCH: 12H30

- · Rice and Dumpling
- Grilled Chicken
- Beef Stew
- 2 veggies (Spinach and pumpkin)
- 2 Salads (Green salad and potato salad)
- 100% Fruit Juices (8) Cold drink (8) all cans
- Bottled water (500ml) x16

21 September 2022

BREAKFAST: 10H00

- · Coffee, Tea, with (Powder and fresh Milk), sugar
- Sandwiches (Cheese, Lettuce, polony and tomatoes with white & brown bread)
- Muffins
- Bottled water (500ml) x16

21 September 2022

LUNCH: 12H30

- Rice and Pap
- Chicken Stew
- Grilled Beef
- 2 Veggies ((Beetroot and green beans)
- 2 Salads (Green salad and Coleslaw)
- 100% Fruit Juices (8) Cold drink (8) all cans
- Bottled water (500ml) x16

22 September 2022 BREAKFAST: 10H00

- · Coffee, Tea, with (Powder and fresh Milk), sugar
- English scones with jam and cheese
- Sandwiches (Cheese, Lettuce, chicken mayo with white & brown bread)
- Bottled water (500ml) x16

22 September 2022

LUNCH: 12H30

- Samp and pap
- Lamb stew
- Grilled chicken
- 2 Veggies (Spinach and pumpkin)
- 1 Salads (Coleslaw and Green salad)
- 100% Fruit Juices (8) Cold drink (8) all cans
- Bottled water (500ml) x16

23 September 2022

BREAKFAST: 10H00

- · Coffee, Tea, with (Powder and fresh Milk), sugar
- Sandwiches (Cheese, Lettuce, polony and tomatoes with white & brown bread)
- Croissants (Plain
- Bottled water (500ml) x16

23 September 2022

LUNCH: 12H30

- Rice and Pap
- Beef stew
- Fish
- 2 Veggies (Spinach Beetroot)
- 2 Salads (Green salad & potato salad)
- 100% Fruit Juices (8) Cold drink (8) all cans
- Bottled water (500ml) x16