

DAY 1	DAY 2	DAY 3
LUNCH for 35 people served at 13:00 pm Starch (Pap & Rice) Meat (Beef stew & grilled chicken) Veggies (Cream spinach & Butternut) Salad (Three bean & Greek salad) Still water 500ml x70 Fizzy drink/100% juice x35	LUNCH for 35 people served at 13:00 pm Starch (Samp & Rice) Meat (Mutton stew & grilled beef) Veggies (Fried cabbage & Butternut) Salad (Potato salad & Greek salad) Still water 500ml x70 Fizzy drink/100% juice x35	LUNCH for 35 people served at 13:00 pm Starch (Pap & Rice) Meat (Chicken stew & Beef BBQ) Grilled fish Veggies (Cream spinach & Sweet potato) Salad (Three bean & Beetroot) Still water 500ml x70 Fizzy drink/100% juice x35